

#### 2023 BELT AND ROAD HEART TO HEART

## HEALTH QIGONG LECTURE HALL CLOSING CEREMONY AND 2023 EUROPEAN HEALTH QIGONG TRAINING CLASS

#### NOTICE

### I TIME EVENT: July 13<sup>th</sup> to 16<sup>th</sup>, 2023.

REGISTRATION: Afternoon, July 12<sup>th</sup> DEPARTURE: July 17<sup>th</sup>, 2023

#### II PLACE

Pisa, Italy

#### **III ORGANIZATION**

#### 1.HOST

Chinese Health Qigong Association (CHQA)

#### 2.ORGANIZER

Italy Health Qigong Association (IHQA)

#### **3.SUPPORTER**

International Health Qigong Federation (IHQF)

#### **IV SCHEDULE**

DATE	CONTENTS		LOCATION
Wednesday July 12	From 14:00	Registration and preparation	Hotel Galilei Pisa
Thursday July 13	09:00-09:30	Opening Ceremony for the Training Class	Hotel Galilei Pisa
	09:30-12:00	Training of Health Qigong Ma Wang Dui Dao Yin Shu	
	14:00-17:00	by Prof. Wang Zhen (one of the main creators)	
Friday	09:00-12:00	Training of Health Qigong Wu Qin Xi by A/Prof. Xie Yelei	Hotel Galilei

中国健身气功协会 Chinese Health Qigong Association

July 14	14:00-17:00		Pisa
	19:00-20:00	Duan Examination (4-5 Duan Theory Test)	
	9:00-12:00	Duan Examination (1-5 Duan Technical Examination)	Pisa Istitutto Confucio
Saturday July 15	17:00-18:00	Closing ceremony of the Training Class and certificates awarding	Hotel Galilei
	19:00-21:00	Banquet of completion of the Training Class	Pisa
Sunday July 16	10:00-12:00	Closing ceremony of the 2023 Belt and Road Heart to Heart Health Qigong Lecture Hall	Pisa
Monday July 17	Departure		

#### **V** TRAINING FEE AND APPLICATION

1. Training Fee: Unified fee for the training of Health Qigong Ma Wang Dui Dao Yin Shu and Wu Qin Xi is 200 Euros per person.

2. Application: Applications can be submitted in the name of an individual or in the name of an organization. Please submit the application form with the seal of the organization and send a copy of the receipt of the remittance paid to the email address of the Italy Health Qigong Association <u>ihqa2016@gmail.com</u> before June 30<sup>th</sup>, 2023.

**3.** Checking in: Participants should check in the designated hotel on July 12<sup>th</sup>, 2023.

**4.** Please note that if you want to cancel your registration for the training class, please apply before July 7<sup>th</sup>, 2023, and pay a commission of 10% of the training fee.

#### VI EXAM FEE AND APPLICATION

Participants of the training class can sign up for the Duan Exam. Application and payment should be implemented according to IHQF's relevant regulations.



#### VII BOARD AND LODGING EXPENSES

- 1. Hotel: We recommend HOTEL GALILEI (Galileo Hotel).
- 2. Expenses:
- (1) **Board:** DUS Single Room Rate 80.00 EUR; DBL double room rate 100.00 EUR (for 2 people, if you need an extra bed, 20 EUR/bed). These rates are for per room per night and include breakfast, 10% VAT and services. There is an additional fee for tourist tax of 2 Euros per person per night.
- (2) **Beverage service during the event:** There is an additional 6 Euros per person, including coffee in a thermos, juice in a carafe, mineral water, mini croissants and dry pastries.
- (3) **Banquet:** 30 Euros per person for the banquet on July 15.
- (4) **Other expenses:** Other expenses incurred during his/her stay shall be borne by himself/herself

Please take note that due to the limited number of hotel rooms, the Italian Health Qigong Association (IHQA) will arrange the lodging according to the order of registration. Participants who do not get lodging in the Galileo Hotel need to find another one.

#### **VIII OTHER INFORMATION**

- **1.** The training language of the Training Class is Chinese. English and Italian translation will be provided.
- 2. The organizer and host of the Training Class cannot accept any liability for accidents, illness or injuries taking place during the seminar. Therefore, it is advisable for the participants to make an insurance policy for their travel and stay.
- 3. Training Class participants are required to submit the Responsibility



Statement before registration.

**4.** During the training class, trainees need to bring their own exercise clothes and exercise shoes.

#### IX CONTACT INFORMATION

#### 1. CHINESE HEALTH QIGONG ASSOCIATION

Contact Person: Ms YU Zhun

Tel+fax: 0086-10-67052078

E-Mail: intelhqf@126.com

#### 2. ITALY HEALTH QIGONG ASSOCIATION

Contact Person: Mr XU Hao; Ms Cinzia

Tel: +39 3391527437; +39 3400692295

Email: ihqa2016@gmail.com

## X CHQA AND IHQA RESERVE THE RIGHT FOR FINAL INTERPRETATION OF THIS ANNOUNCEMENT.

Appendix 1: Registration form

Appendix 2: Responsibility Statement









# 中国健身气功协会 Chinese Health Qigong Association

Appendix 1

### 2023 EUROPEAN HEALTH QIGONG TRAINING CLASS

### ENTRY FORM FOR PARTICIPANTS

Name of organization:

NO.	NAME	GENDER	DATE OF BIRTH	NATIONALITY	PASSPORT NO.	PHONE AND E-MAIL	OCCUPATION
1.							
2.							
3.							
4.							
5.							

Participating individual or organization needs to send the Registration Form to IHQA via email (ihqa2016@gmail.com) before 30th Jun, 2023.

Signature of the head of organization:

Date:



Appendix 2

## 2023 EUROPEAN HEALTH QIGONG TRAINING CLASS PARTICIPANTS' RESPONSIBILITY STATEMENT

On my own willingness, I would like to attend the 2023 European Health Qigong Training Class and promise to all consequences of any accidents or legal disputes, including any claim damages, actions and requests during the event. Meanwhile, I myself, my heir, personal assistant, agent and representative shall not sue either the Organizing Committee or the host. I hereby agree and comply with all the seminar regulations made by the International Health Qigong Federation and Chinese Health Qigong Association. I shall respect the organizing committee's decisions on any of the disputed matters. During the event, I agree to be photographed, video recorded or televised live. Also, I shall agree my name, address, voice, actions, image or figures to be used on a whole or partial by the International Health Qigong Association and Italy Health Qigong Association on TV coverage, radio broadcasting, video recording, media figure or any other media equipment and shall not demand any payment or compensation.

I am aware of and fully understand the above statement.

(Parents or the legal guardians are requested to sign if the participants are minors.)

Signature:

Parent / legal guardian signature:

Date:



**Appendix 3** 

## BELT AND ROAD HEART TO HEART - HEALTH QIGONG LECTURE HALL EUROPEAN HEALTH QIGONG TRAINING COURSES PAYMENT INFORMATION AND FORM

We are committed to providing the best attendee experience and ensuring an efficient and secure registration process. Please pay all participation fees by bank transfer before participating. The prepayment process for accommodation fees, entry fees and other related expenses is as follows:

1. The registration Association is responsible for submitting the registration information of all participants of the unit uniformly.

2. The participant o relative Association is responsible for submitting the fees for himself o all participants of the relative Association in a unified manner.

3. The registration Association is responsible for filling out and submitting this form (Appendix 1, and 2).

4. The final payment must reach the Italy Health Qigong Association bank account before July 12, 2023.

5. Bank information of Italy Health Qigong Association and the Galilei Hotel Pisa:

(1). For Training Courses, please pay according to the following account number (if receipt procedures are required, plus 2 Euro stamp duty)

Account Name:	IHQA – ITALY HEALTH QIGONG ASSOCIATION
HOLDER ADDRESS	VIA LIDICE 12/4, 41012 CARPI(MO), ITALY
IBAN:	IT72 S 05034 23302 00000014257
BIC / SWIFT:	BAPPIT21406
Bank Name	BANCO BPM
BANK ADDRESS	Via Carlo Marx, 64, 41012 Carpi(MO), ITALY

(1). For hotel services, please pay according to the following account number (the hotel can directly issue invoices or tax receipts for such charges)

Account Name:	SO.GE.I.CO SPA - HOTEL GALILEI	
HOLDER ADDRESS	Via della Stazione 7°, 00042 Anzio (Rm). ITALY	
IBAN:	IT 37 P 06230 14001 000043265690	
BIC / SWIFT:	CRPPIT2P196	
Bank Name	Crédit Agricole CARIPARMA - Branch of Pisa Ag. 2	
BANK ADDRESS	HOTEL GALILEI – PISA, Via Darsena, 1, 56121 Pisa(PI), ITALY	
Causal payment	Qigong IHQA group	
Contact	Mail: info@hotelgalileipisa.it; Tel: 0039 50507111	

\*.\* Please remember that all companies in Italy use electronic invoices. Anyone who needs an invoice must provide

the hotel with electronic invoice data

Fatturazione - Ragione Sociale	
Indirizzo Sede Legale	
P.I. e/o C.F.	
Codice Univoco	
Fattura da spedire all'attenzione di	